



**UN HABITAT AWARD 1991:TAMPINES NEW TOWN FOR SUSTAINABLE DEVELOPMENT IN PUBLIC HOUSING**  
**SUSTAINABLE HUMAN SETTLEMENTS FOR A BETTER QUALITY OF LIFE**  
**WITH PUBLIC PARTICIPATION: A Case-study in Tampines Town, Singapore”**  
by Ms Maria Boey Yuet Mei, Planner, Architect, Landscape Architect, Urban Designer,  
Conservationist, Community Leader, Poet





1960s

# 41 years of Modernisation & Nation Building:

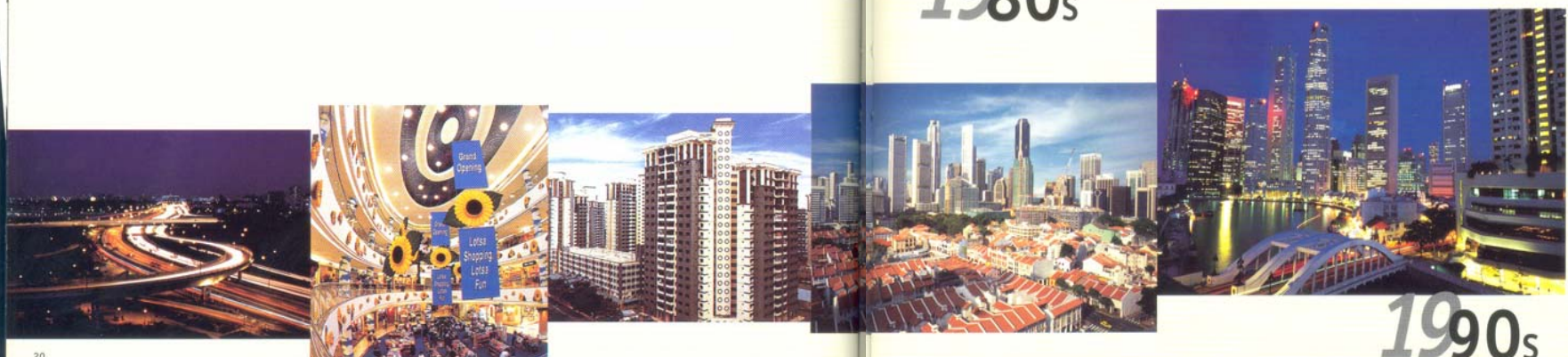
Political will & effort, Resources, Time, \$, Entrepreneurship, Research, Innovations



1970s



1980s



1990s

Way back in 1963, when life was more leisurely and chunky trishaws and clumsy bicycles were still a common form of transport along major roads, the idea of a high-tech, high-speed Mass Rapid Transit network with trains criss-crossing the island was born.

At that time, Singapore did not have enough people to support an MRT system and it was to be more than 20 years before the first train rolled out.

But the early planning was worth it. The authorities had seen signs in the 1960s that road traffic would build up to a point when transport other than by road would be needed.

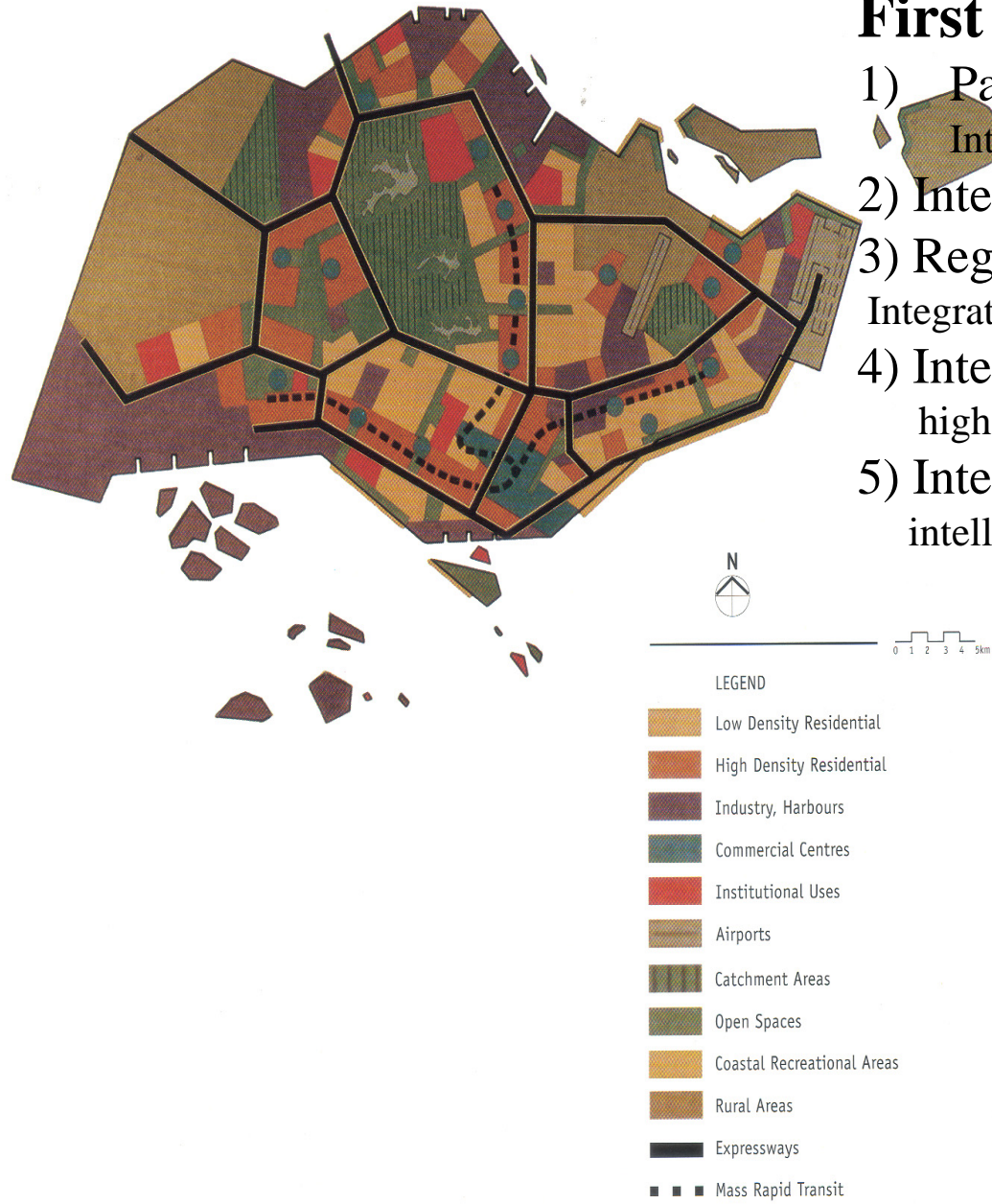
Long-term planning allowed the MRT to be systematically and carefully built without causing too much disruption to peoples' lives. Today, Singapore has fewer traffic jams compared to other major cities in the world.

By many measures, Singapore can be considered a fairly successful city. It is an international business hub. It has a high standard of living and an environment that is clean and green.

Everyone has a roof over his head, with 83 per cent of the population living in well laid-out public housing estates. Commercial, office and industrial space are adequate to meet business needs. Leisure facilities abound.

All this did not come about by chance, but through a process of detailed planning.





# A) PHYSICAL PLANNING

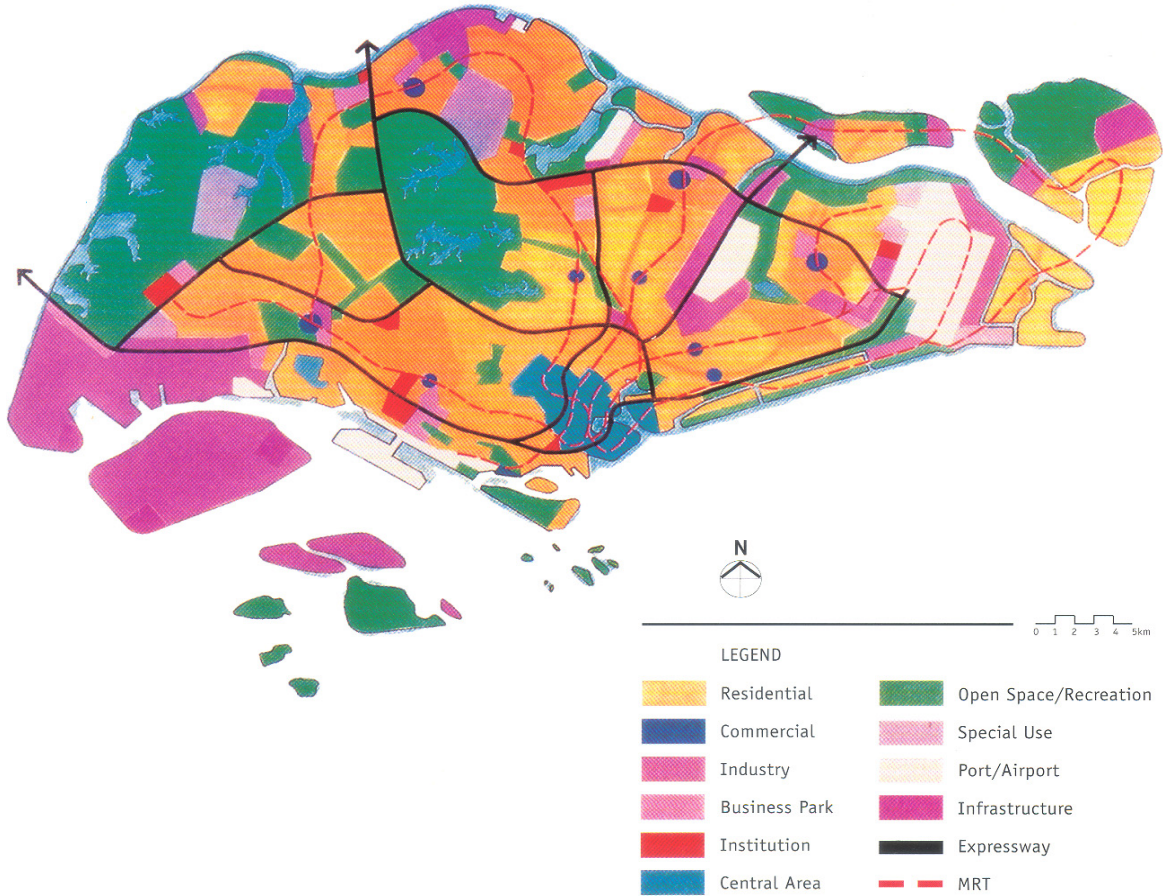
## First Concept Plan of Singapore:

- 1) Pan-shaped Transportation system:  
Integrated transport systems: MRT, buses & cars
- 2) Integrated New Towns
- 3) Regional Parks & Water Catchment:  
Integrated Reserve land, military, Catchment Areas
- 4) Intensify landuse:  
high-rise buildings & mixed developments
- 5) Integrated landuse: commercial, recreational,  
intellectual, medical and residential complexes

*“Without deliberation,  
plans comes to nothing,  
where Counsellors are many,  
plans succeed”  
Proverb 15:22*



## 1991 CONCEPT PLAN



3

### Revised 1991 Concept Plan:

- 1) To meet changing needs (demographic, mature economy, It industries and a better quality of life) up to Year X when the resident population will reach 4 million.
- 2) Landuse and transport plans updated





### FIVE NEW REGIONS

The most major change was that Singapore will no longer be limited to the old "ring city" concept, that is, well-linked satellite towns surrounding a central water catchment area and a Central Area that is a hub of economic activity.

Instead, Singapore will now grow in a "constellation" pattern, with a downtown in the Central Area and a hierarchy of regional, sub-regional and fringe centre networks fanning out from it.

The island is divided into five regions:

- the **Central** region spreading out from the traditional Central Area to Bishan, Toa Payoh, Geylang, Marine Parade, Bukit Timah, Queenstown and Bukit Merah.
- the **North** region covering Lim Chu Kang, Sungei Kadut, Woodlands, Mandai and Yishun.
- the **North-east** region of Ang Mo Kio, Serangoon, Hougang, Seletar, Jalan Kayu and Punggol.
- the **East** region of Paya Lebar, Pasir Ris, Changi, Tampines and Bedok.
- the **West** region covering Tuas, Jurong, Choa Chu Kang, Bukit Panjang, Bukit Batok and Clementi.

With the exception of the Central region, the other regions will each have a regional centre. The hubs are Tampines in the East, Woodlands in the North, Jurong East in the West and Seletar in the North-east.

Each regional centre will serve up to 800,000 people and will be a mini-Central Area, with its own housing, work and leisure facilities. The creation of these five regions will prevent overcrowding in the city and bring jobs closer to homes.

### NEW DOWNTOWN

Within the Central region, a new Downtown will be created in Marina South to meet the needs of new and expanding businesses. It will be a self-contained city within a city located next to the existing Central Business District.

The New Downtown will offer prime commercial land for the head offices of financial institutions, multinational companies, five-star hotels, shopping centres and quality housing. The buildings will be designed to take advantage of waterfront views to create a new, distinctive skyline for Singapore.

## 1) Regional Planning:

- 1) Not limited to old "ring city" concept
- 2) Constellation pattern with hierarchy of regional, Sub-regional and fringe centres: 5 regions







### 3) Recreational Planning:

- 1) **Park Connectors Network:** Is an islandwide of linear open spaces that links major parks, nature sites and housing estates.
- 2) **Sea to land recreation**

#### ISLAND IN THE SUN

Singapore's sense of "islandness" and greenery will be emphasised. The reclamation of land will mean more beaches, marinas and seaside resorts. The city will embrace the waterline more closely. Singapore will also be cloaked in greenery, with lushly landscaped parks and waterbodies woven into the urban landscape.

#### VARIETY IN HOUSING

A large variety of high- and low-density housing will be made available. Singaporeans will be able to enjoy anything from city living to community living, garden living to waterfront living. They can also choose to live on some of the country's smaller islands or set up homes in heritage buildings or have IT-home offices.

#### LEISURE FACILITIES APLENTY

Singaporeans will have a host of leisure facilities at their doorstep. These will include new entertainment complexes in the city and regional centres, parks that are connected island-wide, new coastal playgrounds and a new downtown arts complex called Esplanade: Theatres On The Bay.



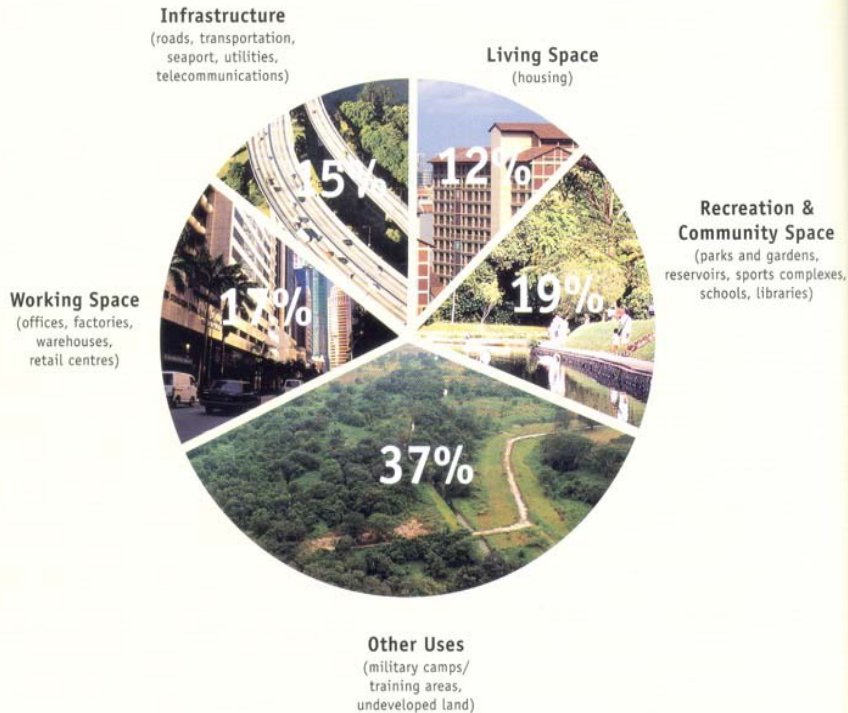
# THE STAGES IN PREPARING THE NEW MASTER PLAN



*\*Note: Not all plans are subjected to a public exhibition/ dialogue*



# DIVIDING THE PIE



Housing: 12%

## 4) National Planning:

- 1) Integrated Reserve land, military, Catchment Areas
- 2) Intensify landuse: high-rise buildings & mixed developments
- 3) Integrated transport systems: MRT, buses & cars
- 4) Integrated commercial, recreational, intellectual & residential complexes.

## 5) Economic Planning:

- 1) Set up Economic Development Board to woo investors. Give attractive Pioneer Status to new industries.
- 2) Create employment by attracting foreign Talents & Multi-National Corporations
- 3) Develop Jurong Industrial Town from swamps to factories. Latest High-tech Industries
- 4) Latest : Globalisation
- 5) Branding: Association of Small and Medium Entreprises: Food products, IT Industries, Project Management, etc.
- 6) Home Office (SOHO)
- 7) Engage Economist Advisers
- 8) Upgrade Services (Retail, hospitality, STB endorsement for Trust, Case Trust)
- 9) Create employment for citizens (to pay bills, food, education, home, etc.)



10	Foreword
14	Wants and Wishes
18	The Big Picture
36	Coming Up Next

# 46 home 68 work 94 play

116	Liveable City
134	The Planning Gallery
136	From Jungle To Tropical Metropolis
152	Plans To Reality
162	The Development Guide Plans

## 6) Education

- 1) Build modern primary & secondary schools, ITEs, 5 Polytechnics & 4 Universities (MBA, Bio-tech, etc)
- 2) E-Learning for all Ages (Use Websites for sales, virtual universities)

## 7) Social Planning:

- 1) **Family** is the basic unit of society: stable and loving
- 2) 3) Work hard and play hard
- 4) Ministry of Community Development, Youth and Sports caters to the need of the Community in Art, Youth Activities and Sports: Active Day & Sport Events.
- 5) People's Association : Community Bonding Events through the Community Clubs and Centres

## 8) Cultural Development

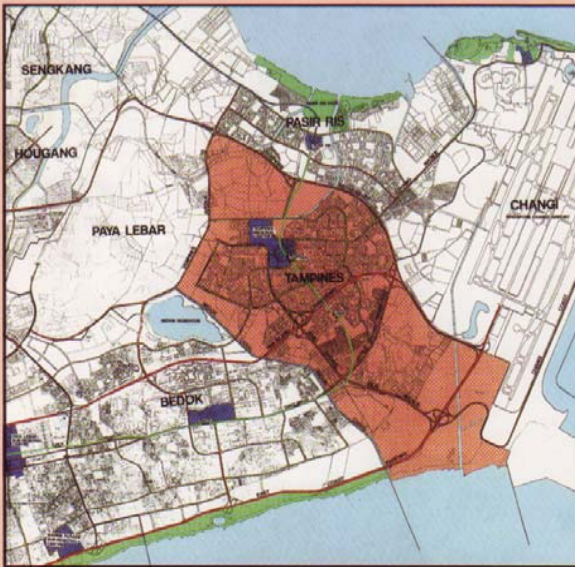
- 1) **Develop Local Talents** in Art, Fashion, Languages
- 2) Create Cultural Festivals (local and International: Singapore Art Festival, Cartoonist, Animation, Garden Festival, Jazz, Mooncake Festival, Dragon Boat Race
- 3) Design Singapore: Promote Architecture, Planning, Interior Design, Landscape and Trade Mark



# EXHIBITION ON MASTER PLAN PROPOSALS

THE NEW MASTER PLAN

## TAMPINES PLANNING AREA



**A**s Singapore's national planning and conservation authority, the Urban Redevelopment Authority (URA) is responsible for guiding Singapore's development into the 21st century. The aim is to create a tropical city of excellence by implementing the long-term land use and development strategies in the Concept Plan.

To achieve this, Singapore is currently divided into 55 planning areas. For each of these areas, the broad vision of the Concept Plan is detailed into specific proposals in localised plans called the Development Guide Plans (DGPs).

As each DGP is completed, it is gazetted as the new statutory Master Plan and replaces the 1985 Master Plan for the area it covers. When all 55 DGPs are completed, the whole of Singapore will be covered by the new Master Plan.

Land owners should not take the upgrading of the zoning status (by zoning or plot ratio change) in the new Master Plan for each DGP area to mean that the enhanced land value is automatically accorded to them. As and when a development application is received, a request for a rezoning may be subject to payment of development charge pursuant to the provisions of Part IV of the Planning Act (Cap 232) and all relevant subsidiary legislation thereunder prior to the grant of Written Permission.



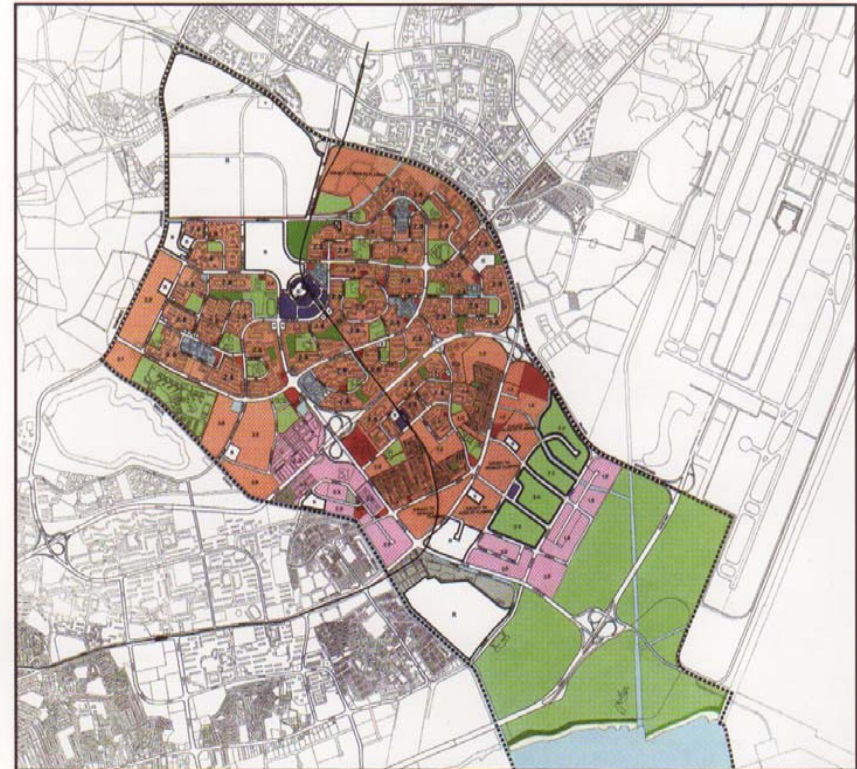
TOWARDS A TROPICAL CITY OF EXCELLENCE

# THE VISION FOR TAMPINES

## LOCATION

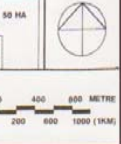
*An Eastern Regional Hub And  
Model Town Next To A  
World-Class Airport*

The Tampines Planning Area is located within the East Region. It is bounded by Tampines Expressway and Pan-Island Expressway to the north; Changi Airport to the east; Bedok Canal and the sea to the south and southeast and Tampines Ave 10 to the west.



### ZONING AND PLOT RATIO PLAN

RESIDENTIAL	CIVIC & COMMUNITY INSTITUTION	SPORTS & RECREATION	UTILITY
COMMERCIAL	HOSPITAL & MEDICAL CARE	BEACH AREA	TELECOMMUNICATION
COMMERCIAL RESIDENTIAL	EDUCATIONAL INSTITUTION	WATERBODY	RESERVE/FUTURE DEVELOPMENT
BUSINESS PARK	PLACE OF WORSHIP	ROAD	DGP BOUNDARY
LIGHT INDUSTRIAL	OPEN SPACE	TRANSPORT FACILITIES	MAXIMUM PERMISSIBLE PLOT RATIO
	PARK & GARDEN	MASS RAPID TRANSIT	







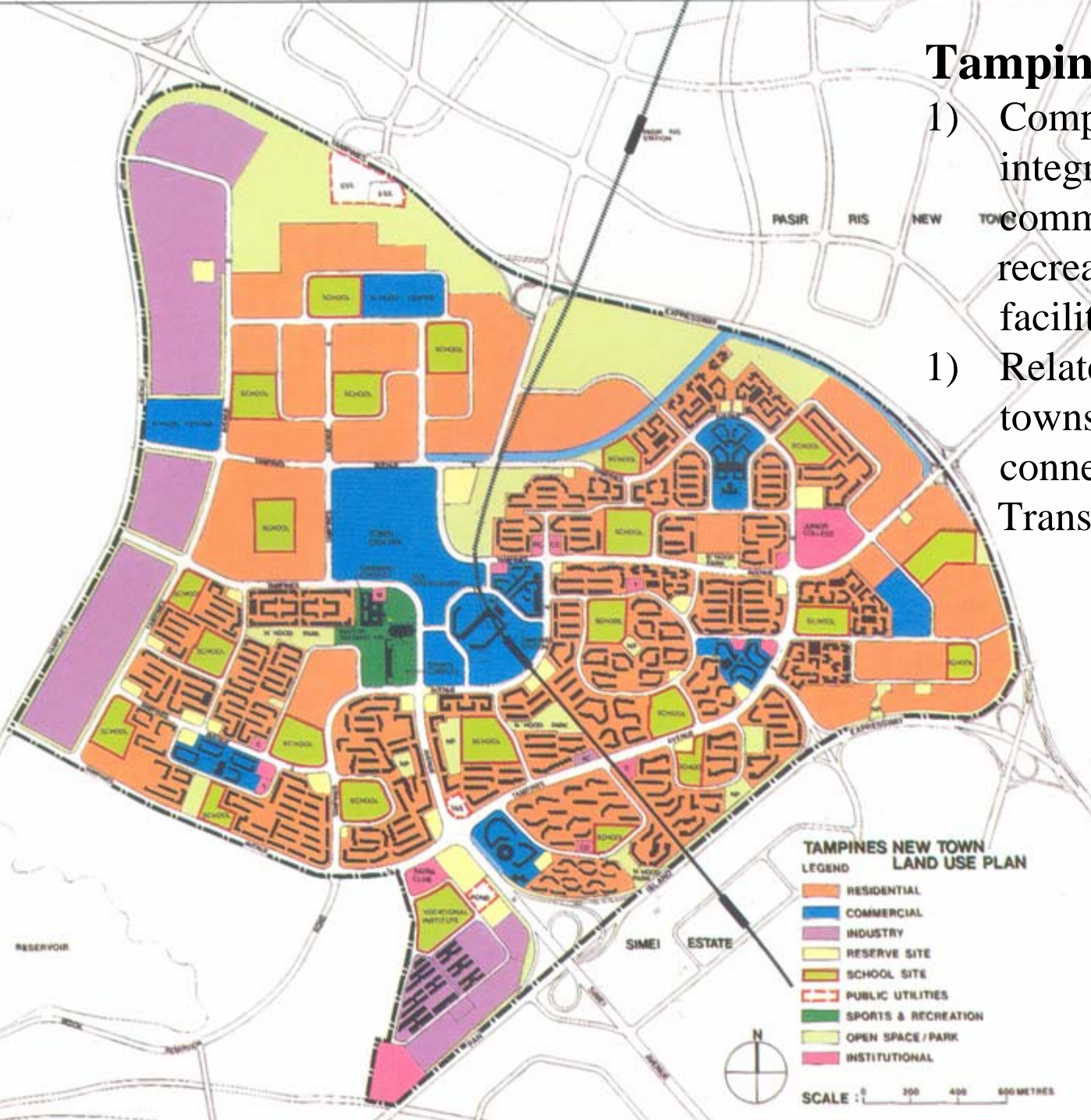
# TAMPINES

City Living in the Suburbs **TOWN**



# Tampines Town:

- 1) Comprehensive planning integrated with residential, commercial, institutional, recreational and industrial facilities
- 1) Related with neighbouring towns by roads, park connectors and Mass Rapid Transit (MRT)









TAMPINES: “*Tempinis*” : Sloetia elongata:

A hardy, bushy evergreen tree is valuable for its timber and as a large tree. It is slow growing and has spikes and catkins. The ripe fruits are sweet and eaten by squirrels, monkeys and birds.





## **Planning & Implementation:**

- 1) Town plans are submitted to Urban Redevelopment Authority & Minister of National Development for Masterplan approval
- 2) Earthwork are carried to prepare the site for building construction.





## **Tampines Regional Centre:**

- 1) Shopping Centres
- 2) Transportation
- 3) Housing
- 4) Institutes





# POLITICAL DEVELOPMENT

## Strong Government with political will:

- 1.1) **Capable & Honest Leaders with Visions** (Employment, Education, Housing & Human Resources) **and Missions** (Action Plans: sustainable program which generate income for the country and people eg housing and infrastructure).
- 1.2) **Efficient Ministries, Government & Statutory Boards.**  
(eg. National Development: URA, JTC, HDB, Nparks), Central Provident Fund Board, MOM, WDA, IDA,)
- 1.3) **Good and implementable Policies:** URA (Masterplan), JTC (Industrial Estates), HDB (housed 85% pop.), Nparks (Garden City, Tree-Conservation Areas, Nature Reserves), Central Provident Fund Board (Cash reserves, investment), MOM (foreign talent & control), WDA, IDA (IT-promotion to the latest)
- 1.4) **Active Campaigns & Programmes:**  
Clean & Green Week (Quality Environment, Recycle), Courtesy (Kindness, Good Neighbours), Read Programme, Senior Citizens Week (Filial Piety) .
- 1.5) **Very active Members of Parliament in their Constituencies with Grassroots support:**
  - a) Advisors to all Committees
  - b) Very active Management Committee with activities & feedback of Cultural groups, women's group, senior citizens, youth group, art groups, children's group, Laugh Group, etc.
  - c) Weekly "Meet the People Session"
- 1.6) **Political Network with other Nations including humanitarian Assistance.**



# Tampines Town Councilors



Term of Office : 1 Dec 2001 – 31 Jan 2003

## Elected Members



**Mr Mah Bow Tan**  
Minister for National Development,  
Elected Member of Tampines Town Council



**Mr Yatiman Yusof**  
Senior Parliamentary Secretary for Ministry of Information,  
Communications and The Arts  
Chairman of Tampines Town Council



**Mr Sin Boon Ann**  
Vice-Chairman of Tampines Town Council



**Mr Ong Kian Min**  
Vice-Chairman of Tampines Town Council



**Ms Irene Ng**  
Elected Member of Tampines Town Council

## Business Liaison Committee



**Mr Dick Hui**  
PBM  
Chairman



**Ms Maureen Chua**  
Member



**Ms Catherine Goh**  
Member



**Mr Richard Kin**  
Member



**Mr Dennis Lim**  
Member



**Mr Ng Tiong Sui**  
PBM  
Member



**Mr Poh Soon Theng**  
Member



**Mr Eddie Soh**  
Member

## Finance Committee



**Mr Peter Seah**  
BBM  
Chairman



**Mr Elendrus B Osman**  
BBM  
Member



**Mr Low Woo Hiang**  
Member



**Mr Jeff Lum**  
Member



**Mr Rahman B Kamis**  
PBM  
Member



**Mr Benny Yeo**  
Member

## Estate Maintenance Committee



**Mr Aw Leng Hwen\***  
BBM  
Chairman



**Mdm Grace Chang**  
Member



**Mr Alan Ho**  
Member



**Mr Ho Jin Jeng**  
PBM  
Member



**Mr Jalni Bin Sirang**  
Member



**Mr Joseph Francis Pereira**  
Member



**Mr Andrew Koh**  
Member



**Mr Stephen Lam**  
Member



**Mr David Loh**  
PBM  
Member



**Mr Poh Soon Leong**  
Member



**Mr David Tan**  
PBM  
Member



**Mr Tan Hai Yang**  
Member



**Mr Tan Kiah Tong**  
Member



**Ms Tan Min Choo**  
Member



**Mr Richard Tay**  
PBM  
Member



**Mr Wong Teng Kay**  
Member



**Mr Steven Yeo**  
PBM  
Member

## Project Committee



**Mr Kong Mun Kwong\***  
BBM  
Chairman



**Mr Adam Bin Hamid**  
Member



**Mr Ivan Leng**  
Member



**Mr Quak Chong Kiang**  
PBM  
Member



**Mr Simon Sim**  
Member



**Ms Wan Siow Ping**  
Member

## Publicity Committee



**Mr Simon Ho**  
Chairman



**Ms Jeanne Cheng**  
Member



**Mr Chua Meng Gek**  
Member



**Ms Judith Lee**  
Member



**Mr Loong Sai Chow**  
Member



**Mr Tan Kay Hwa**  
Member

## Tender & Contract Committee



**Mr Chng Beng Guan\***  
BBM  
Chairman



**Mr Chuang Shaw Peng\***  
PBM  
Member



**Mr Khoo Tian Siang**  
Member



**Mr William Kwek**  
Member



**Mr Stephen Lee**  
Member



**Mr Ronald Pasaribu**  
Member

\*EXCO members



# HIGHLIGHTS OF SOCIAL RESPONSIBILITY CARNIVALS CUM BLOCK PARTIES

@ Tampines North Zone 4

Location: Block 450 Tampines Street 42  
Date: 13 December 2003



**Eager to start the event** - Residents queuing up to register and try their luck at the lucky dip.



**Getting rid of these pests** - Feeding strays will attract pests like cockroaches and rats which urghhh...need to be get rid of!



**Are you socially responsible?** - A young resident looks at and measures himself against the "are you socially responsible?" questions.

**Educating the young** - A father points out to his children how vandalism damages a beautiful environment.



**Piecing everything together** - A participant tries to piece together the "Do Not Vandalise" jigsaw puzzle.



**"Round and round we go!"** - Participants having a rolling good time with the stage games.



**"Come on, that's good!"** - Residents both young and old enjoy the stage games and performances tremendously.



**"Smile, you are on camera!"** - Kids having fun with stage games.

# Educating the public through Events

Social Responsibility is defined as Responsibilities of societies to be civic conscious of their social Etiquette, kindness, neighbourliness, etc.

reaction

## PROMOTING NEIGHBOURLY TIES

Unlike the recent survey that shows most Singaporeans do not know their neighbours well, these Tampines folks sure do. Just look at their activities...



**Neighbours that travel together** - Tampines Palmspring in a scenic location during their 7 days Hong Kong/Chaozhou/Shantou tour.



**A multi-racial celebration of Deepavali** - Residents of Tampines East Zone-4 RC at a Pre-Deepavali event, the Dandia Musical Night.



**It is "tingkat" time!** - Children enjoying themselves with onstage games at the Tampines Changkat Clean & Green Week.



**Man's best friends** - Residents who love their furry friends also show them off at the Dog Show in Tampines North Zone 7 RC.



**Kids just want to have fun** - These kids at Tampines Central sure know how to enjoy themselves with onstage games at the Christmas 2004 Cheer Factor party.



**Getting to know each other even better during festive seasons** - Tampines Palmspring residents singing the night away at the Malam Muhibbah Aidilfitri.



**Neighbours gather for a good story** - Residents gather every Saturday (2.00pm - 3.00pm) at the void deck of Blk 497G the Tampines Street 45 for "Story at the Lounge" where they are transported to the mystical world of story-telling.

**"DeepaRaya"** - Ms Irene Ng celebrating Deepavali and Hari Raya together with residents from Tampines Court.



**Which lantern is the brightest of them all?** - Bright lanterns aplenty at Tampines Polyview RC lantern night.



# DEEPAVALI OLI 2004



Deepavali or "The Festival of Lights" represents a symbolic victory of good over evil, and is celebrated by Hindus. It highlights the victory of Lord Rama, one of the deities of the Hindu pantheon, over the Demon King Ravan. The Tampines GRC Indian Activity Executive Committees (IAECs) shared the message of Deepavali with fellow residents with Deepavali OLI 2004 held on 20 November 2004 at Temasek Polytechnic Auditorium.

It was a beautiful evening showcase of folk dance, children's lamp dance, fusion dance, mimicry, comical skit and a Bhangra dance which many non-Indians among the audience also enjoyed, making for a better understanding of the Indian culture.



For greater multi-cultural understanding - MPs celebrate the occasion with residents of all races.

# CELEBRATING HARI RAYA

Tampines residents gather to celebrate Hari Raya Puasa together with both meaningful activities like giving to the needy and colourful cultural shows.



Bringing joy through giving - Ms Irene Ng presenting rice and other food items to needy residents of Tampines Changkat during their breakfast "Majlis Iftar" at Qayah St 22.



Semarak Lebaran @ Tampines Central Park - Mr Sin Boon Ann wishes residents a "Selamat Hari Raya".

Welcoming Hari Raya - Tampines North SunPlaza RC ushers in Hari Raya with a traditional Malay dance.



Aidilfitri @ Tampines - Where Mr Yatiman Yusof spends an enjoyable night with Tampines West residents.



A multi-racial Salam Aidilfitri - Guests of various races enjoying the onstage activities in this event organised by Tampines East CC MAEC with Tampines Zone 3 RC.

# Celebrations:

The Government through the Community Club provided finances for festivals and celebrations.

It promote racial harmony and understanding.

in the community

# A TAMPINES CHRISTMAS

Christmas is associated with love, joy and giving. Let's catch the highlights of our celebrations as families, neighbours and friends gather to enjoy the occasion together.



"Santa, Santal" - Tampines Polyview residents get a surprise visit from Santa Claus.

Power of paint - Tampines North Zone 5 children get a "Makeover" with face and hand painting.



The Christmas Story - Tampines Central residents enjoying a performance that tells the origins of Christmas with the birth of Christ.



Christmas dressing - Residents of Tampines Changkat Zone 3 RC enjoying themselves with games.

It's balloon sculpting time! - Kids at Tampines East CC simply love the animal balloons.

# FOR A "GREENER" TAMPINES

In conjunction with Clean & Green Week 2004, our MPs work with grassroots to plant more trees for a cleaner and fresher environment.



Working hand-in-hand with green fingers - Let us all play our part to make Tampines a better place to live in.





# HEADS OVER HEELS IN FOAM @ FESTIVAL PARK

Which child (and adult too!) does not like a foamy bubble bath. Eleven-year-old Kelvin Tor from from Block 264 Tampines Street 21 was no exception. He said, "I came here for the foam party. I heard about it from my friends and want to try it. I want to get wet and have some fun." That was also what hundreds of children had in mind when they turned up on 6 March 2004 at Festival Park. But this event wasn't just for children, as residents of all ages also enjoyed the mega-games, fancy dress competition, beautiful Chinese Orchestra music, drama performance, entertaining modern dances and song performances, lucky draw and of course a sumptuous buffet dinner.

**Foam, foam everywhere** - The kids show that they can have as much fun, if not more than the adults at their very own "kids only" foam party!



## Not Here For Foam Party But They Like It Too (As Well As Like Living In Tampines!)

Mr Kelvin Low with his family who are Singapore PRs moved here from Malaysia two years ago. They live in Block 259 Tampines Street 21.

**What are you here for?**

"We come to see what's happening and it (the event) is pretty good."

**Do you like living in Tampines?**

"Yes, we like it here. The security here is OK. The estate is quite clean (OK) and it looks OK." Well, that makes Tampines OK!



## Fun:

The Town Council, Community Clubs and residents organises fun events for the young and Old to foster community bonding and happiness.

in the community

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## COMMENDATION AWARD



Mr Elendrus Hj Osman, PBM, the Chairman of Tampines GRC Anti-Drug Committee received the award on behalf of the committee.

Prime Minister Lee Hsien Loong presented Tampines GRC Anti-Drug Committee with a Commendation Award at the Community Against Drugs Award Presentation Ceremony at the Istana on 22 September 2005. The award was in recognition of the committee's contribution to the anti-drug cause, the vital role it played in the drug fight and its significant impact.

## 428 STUDENTS IN TAMPINES WEST RECEIVE BURSARY AWARDS

This year Tampines West CCC Bursary Awards Presentation Ceremony on 29 September 2005 saw a total of 428 students from Primary to Tertiary levels receive bursaries ranging from \$150 to \$450. The bursary serves as an encouragement for students to continue to work hard and excel in their studies.

Since 1996 the bursaries have been presented annually by Tampines West CCC with a clear demonstration of

the community commitment in helping the less well-off students to do well in their academic studies.

Mr Yatiman Yusof, the MP for Tampines West who was present at the awards presentation ceremony hoped that the bursary would encourage the students to do well in their studies and also motivate parents to pay more attention to their children's education.



Nov/Dec 2005 Tampines News 17

# AWARDS:

Prime Minister, BG Lee Hsien Loong, presented GRC Anti-Drug Committee with a plaque for their contribution to fight against the use of drugs.

in the **community**

## WAP ON HAND TO HELP RESIDENTS LOOKING FOR WORK

Community Development Councils (CDCs) offers various financial, educational and medical assistance schemes to help residents in need. For this issue, we look at the Work Assistance Programme (WAP).

If you are looking for employment and in need of cash, WAP is on hand to provide you with short-term financial aid and employment assistance.

### Who is eligible?

- Singapore citizens and permanent residents who are unemployed but assessed to be medically fit for work.
- The applicant must be residing in the Aljunied GRC, Pasir Ris-Punggol GRC, Tampines GRC or Hougang SMC (for application through North East CDC).

If you meet the above criteria, you can apply via:

- 1) Internet at [www.northeast.org.sg/assistance.htm](http://www.northeast.org.sg/assistance.htm), click Work Assistance Programme icon and click to apply using the online application form.
- 2) Applications forms are available at North East CDC, Community Centres and Clubs.



For enquiries and more details, please visit North East CDC at

**3 Tampines Grande  
#01-02, AIA Tampines  
Singapore 528799**

Or you can call 6424 4000, fax to 6424 4077, email to [ask@northeast.org.sg](mailto:ask@northeast.org.sg) or visit the website at [www.northeast.org.sg](http://www.northeast.org.sg)



Help is just a click away - Log on to [www.northeast.org.sg/assistance.htm](http://www.northeast.org.sg/assistance.htm) to apply for WAP.





# TAKE OWNERSHIP TO FIGHT DEN

Mr Mah Bow Tan, MP for Tampines GRC and Adviser to Tampines East GROs together with officers from the National

### Here's What Residents Say:

"I take my own temperature everyday to ensure that I don't get dengue." - Eight-year-old Dayana with her mum Mdm Shahirah from Blk 229 Tampines St 23.



"We make sure that we change the water from the pots of our plants frequently. This 10-Minute Mozzie Wipe-Out checklist will be helpful to all." - Mr George D. Fobrogo from Blk 229, Tampines St 23 with his wife, Mdm Lucy Teo and children.

### WHAT IT SHOULD HAVE BEEN

On page 3 of our previous issue (Sep/Oct 2005), it was mentioned that the Mozzie Attack Task Force Launch at Tampines Changkat would be launched soon. In actual fact, the Mozzie Attack Task Force Launch at Tampines Changkat was launched in November 2004. We apologise for the error.



Environment Agency (NEA) and Tampines East grassroots leaders, visited residents door-to-door at Blk 216 and Blk 229, along Tampines Street 23, as part of a nationwide anti-dengue campaign on 18 September 2005.

Mr Mah hopes that residents will adopt a vigilant attitude in our fight against dengue. He said, "The public must also play its part in addition to what the Town Council and NEA are already doing. Residents must take ownership. We must work together to reduce the breeding sites and to break the transmission cycle."



"Unused container must be overturned." - Mr Mah Bow Tan sharing some tips with a resident.



Men with a mission - Spreading the "Campaign against Dengue" message.

# Educational Health Promotion: Whether it is about Bird Flu or Dengue Fever, the Member of Parliament goes the extra mile to personally Visit the homes on Sundays to give their message to the residents.

in the community

## PREVENTING BIRD FLU ON TARGET

What is bird flu? How can it infect people? What are the symptoms? Can it be cured? All these questions and more in the minds of Tampines GRC grassroots leaders were addressed by Dr Chua Sin Bin, Deputy CEO/Director, Food and Veterinary Administration Department, Agri-Food and Veterinary Authority of Singapore (AVA).

College. Although bird flu (or Avian Influenza) has not yet reached our shores, we should take all precautions to prevent any outbreak. What better way to do this than to make sure that our grassroots leaders are equipped with the knowledge to deal with this illness? With their newfound knowledge, grassroots leaders then went on to share their knowledge with fellow residents.

They were at an Avian Flu (or bird flu) talk and dialogue session on 2 March 2004 at Tampines Junior



No more chicken rice? - No way! The participants show that they are not afraid to eat chicken by tucking in a delicious chicken rice dinner before the talk.



Prevention is better than cure - Mr Mah addresses bird flu concerns at the dialogue session.

## FAQ

Q. What is Bird Flu?

A. Bird flu is a highly contagious disease that mainly affects poultry such as chickens and turkeys. In rare cases, it can spread to people.

Q. How can it spread to people?

A. It can spread if an infected chicken or bird sneezes or coughs into your face or you breathe in particles from its droppings.

Q. What are the symptoms of bird flu in people?

A. Typical flu-like symptoms such as cough, fever, sore throat and muscle aches or even eye infections, pneumonia and other complications.

Q. Is it safe to eat poultry and eggs?

A. The poultry and eggs available in the market are safe to eat. Bird flu is transmitted to humans through close contact with infected live poultry. There is no evidence that bird flu can spread to humans through the consumption of poultry and eggs. Nevertheless, AVA has stepped up checks on imports of poultry and eggs, as well as local poultry slaughterhouses and poultry farms. It has also banned the import of live birds, poultry meat, poultry products and eggs from countries affected by bird flu.

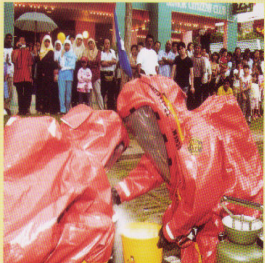
Q. Can bird flu be cured?

A. An anti-viral drug appears to be effective but it is still in the testing stage.

Please visit [www.ava.gov.sg](http://www.ava.gov.sg) for more details and updates on bird flu.



# RESIDENTS LEARN HOW TO DEAL WITH EMERGENCIES



**Responding fast during emergencies**  
 - Tampines PalmSpring residents learn what to do and who to call in case of a bomb, biological or chemical attack from this Civil Defence demonstration.

## Here's What Residents Say:



**"We learned not to play with fire and chemicals!"**  
 - Maisarah from Blk 936, Jirdawanni from Blk 924, Fatm Azreen and Mohd Adil, both from Blk 929 Tampines Street 91.

**Protecting your home-**  
 The CISCO Bus is an eye-catching exhibit to show Tampines Starlight residents the way to protecting their home and properties.



**How can we save water?** - Tampines Spring residents learn how to save this precious resource in a "How To Run A Water Efficient Home" exhibit.



**Don't be afraid of fire** - Mr Yatiman Yusof shows Tampines Green residents the quick way to extinguish a small fire at a Civil Defence demonstration.

## Grassroot leaders:

Support from the grassroot leaders are strong in OCBC



**Tampines**  
*news*  
 MITA (P) 028/03/2003  
 Circulation 60,000  
 October - November 2004

**CYCLE WITH A HEART,  
 WALK WITH A DIFFERENCE!**

Turn to Page 3

**GETTING CLOSER TO THE RESIDENTS**

Page 6

**A WEDDING MADE IN TAMPINES**

Page 13



# Community Bonding & Participation:

Minister and Members of Parliament lead by example and gain the support of the Residents to participate with them.



Healthy Lifestyle : jogging through the Pasir Ris Park Connector lead by Members of Parliament and Minister, Radm.(NS) Teo Chee Hean, with residents through Park (NParks) & Green (HDB's) Connectors





# Kampung spirit

*Kampung Senang runs an organic farm alongside day-care services*

ON THE face of it, Kampung Senang at the void deck of Block 840, Tampines Street 82, may look like just any community day-care centre.

It offers subsidised care for the elderly and children and free medical services for the elderly and sickly poor.

But there is more to it than that. Run by a husband-and-wife team, it tries to marry community work with progressive concerns over the environment and education.

For instance, lunch is plucked literally from the beds of greens growing on soil



**Hearty heartlanders** in Kampung Senang.

start the centre as a charitable project with the Northeast Community Development Council and Care for Elderly Foundation.

She was joined by her husband, Mr James Low, 50, a former engineer.

Concerned about the lack

*'We want students to learn how to care for the environment. Organic farming is not only environmentally friendly, but also produces food that is safe for consumption.'*

— Geography teacher Micheline Ong, on Anderson Secondary School's eco-farm project (above)

## Community Bonding & Spirit:

- 1) Promote events through the Community Clubs & Centres
- 2) Planting of vegetables and herbs for education and food by residents and volunteers.
- 3) Activities which identify the community: Nature Walks, Miss & Mr. Jurong Talent Contests





# REACHING OUT TO THE ELDERLY

The elderly, especially those who feel lonely, have more to look forward to, thanks to a new pilot programme called ComCare Silver Connect at Tampines Changkat. The programme aims to put in place a comprehensive grassroots network to look out for these elderly and to keep them engaged in the community.



These elderly will have trained befrienders to turn to, as well as new activities lined up for them, such as a picnic at the Istana and free coffee mornings at the Tampines Changkat Killiney Kopitiam.

At the launch of the ComCare Silver Connect programme on 26 November 2005, Ms Irene Ng, MP for Tampines GRC and Adviser to Tampines Changkat GROs noted that the national trend is for more elderly living by themselves, either as couples or alone.

During her block visits, she had met elderly residents who told her they were lonely but they lacked the confidence to go out and make friends or join activities on their own. "Some of them said they feel shy and do not know how to start. Others said they suffer from some physical ailments, such as poor eyesight, and find it hard to go by themselves to events organised by the community," she related.

However, if the elderly are left isolated without social stimulus, they will deteriorate mentally and physically. "Even the elderly living with adult working children would benefit from such a programme, as their children are often busy at work till late or travel often, or are based overseas in work assignments," she said.

Through this programme, which is under the Tampines Changkat Citizens' Consultative Committee, volunteers will be trained to befriend the elderly and to be their link to the community.



The Guest-of-Honour for the launch, Dr Vivian Balakrishnan, the Minister for Community Development, Youth and Sports said his Ministry is co-funding this project under the ComCare Social Support Projects Fund. "I am very pleased that Tampines Changkat CCC has stepped forward with a project that benefits the needy elderly in Tampines. I hope that many of them will participate and gain from this project. I must say that Tampines Changkat CCC is setting a good example to the other grassroots and social service organisations in Singapore."

He added: "This initiative will certainly make a difference to the lives of our lonely and isolated seniors in the community. It will go a long way in making Singapore a more caring, compassionate and inclusive society."

To find out more about this programme or to sign up as a volunteer, please call Tampines Changkat CC at 67811806, or log on to <http://tpchangkat.community.org.sg>.



Words of compassion for the elderly will be much more improved."



## Elderly:

The needs of the elderly are different for housing. HDB provides Studio Apartments for them specially built with alarm and handbar (in the bathroom).

They have seats with back-rest and gardens for their relaxation.



# WINDOW HAZARDS FOUND IN TAMPINES



Do your louvred windows look like any of the above? If they do, they are at risk of falling, possibly due to wear and tear, decayed louvred frames or loosened louvred glass panes. You need to change or fix them fast, for they might fall and hurt someone, putting you at risk of being charged with killer litter. Furthermore, a new legislation is coming out in July or August this year which requires owners to have their windows properly inspected and maintained - or face the penalties.

## See what is wrong with these windows and how to fix it

### Fixed Louvred Window (found in the bathroom/toilet)

View from outside



Glass pane  
Timber plate



Broken glass pane  
Decayed timber frame

**What is wrong?**  
 • Decayed timber frame  
 • Broken glass pane

**Possible causes**  
 • Exposure to weather  
 • Glass broken by foreign objects

**How to fix it?**  
 • Change the louvred window  
 • Change the broken glass pane by removing the side beadings

**How to maintain?**  
 • Paint the timber frame when the paint work peels off.

View from inside



Timber beading

### Adjustable Louvred Window

**What is wrong?**

- Lever lock is too tight.

**Possible causes**

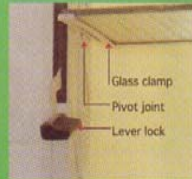
- Pivot joint becomes stiff when louvre remains at the same position over a prolonged period.

**How to fix it?**

- Apply lubricant to the pivot joints

**How to maintain?**

- Avoid hanging heavy objects on the lever lock
- Check if the lever lock works smoothly during routine cleaning



Glass clamp  
Pivot joint  
Lever lock



Photos courtesy of Housing & Development Board

# Building Defects Guides:

The Town Council maintains the cleanliness of the Town. However, the housing unit has to maintain their own furniture and interior.

aroundtown

## 30% WATER SAVINGS WITH STORED-VALUE SYSTEM

Tampines Town Council has implemented a stored-value system that helps it reduce 30% of its water bills through reduced water theft, wastage and vandalism of taps and coin-operated machines. The savings amounted to close to \$300,000 a year.

The new system, which costs \$7,000 per block to install, helps to control water use by the cleaning contractors to wash common areas. They have to use an access card which records the amount of water used, therefore reducing wastage. Similarly, the taps at void decks which residents may use to wash their cars will dispense water only when a stored-value card is flashed at a console. Residents can buy the stored-value cards from the Town Council.

The Town Council intends to install this system in all 600 blocks of flats in Tampines GRC over the next five years. It assures residents that the cost of installing the new system will not be passed on to them as the costs will be recovered from the savings in water usage within three years.



The key to water savings - Residents or contractors will need to flash the stored-value card at the console before they can use the taps.

## KEEPING UNINVITED GUESTS AWAY

With the Chinese New Year season coming, residents should take note that while we are busy preparing delicacies, drinks and snacks for the festive season, we may not notice that we could invite unwanted guests like flies, cockroaches, ants or even crows into our homes.



A better way to store food - Storing dry foodstuff in airtight containers will help to preserve them for a longer period.



Keep the food waste covered - Having a lid on the food waste bin will keep ants and cockroaches away.

Here are some tips to keep them away:

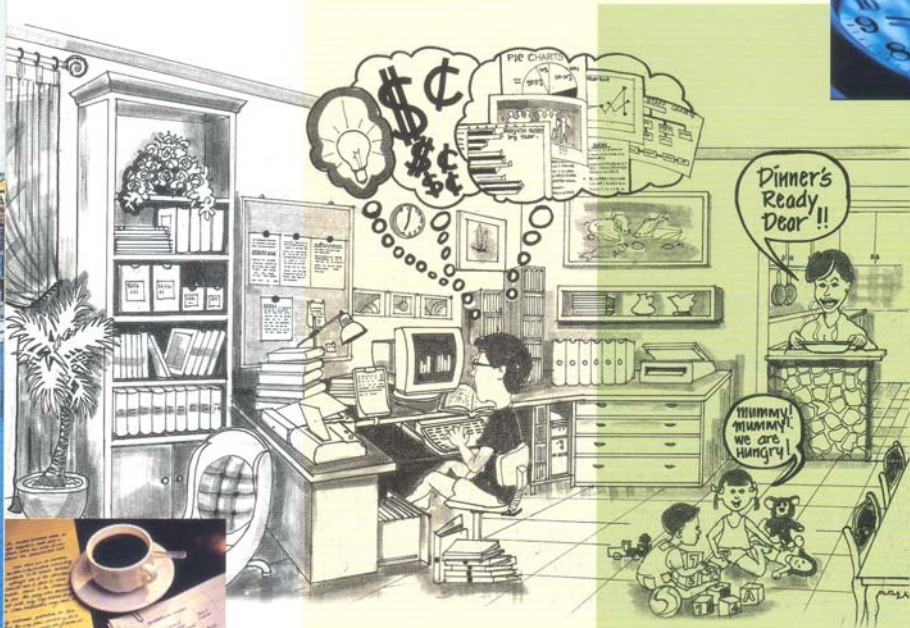
- Store dry foodstuff like rice, flour and other grains in airtight containers.
- Cover food and snacks if you are not eating them.
- Keep all areas clean where food is stored, prepared and served.
- Use a trash bin with a tight-fitting lid for food waste.
- Seal openings around pipes.
- Keep your home clean and uncluttered.

16 Jan/Feb 2005 Tampines News



# IT-Home Offices Action Stations

Work smart. Work at home. Think of the advantages – all your office equipment within arm's reach, no need to jostle with the MRT crowd, you can start work anytime you like, and log off when the mood takes you. Best of all, you can work in your pyjamas if you so choose.

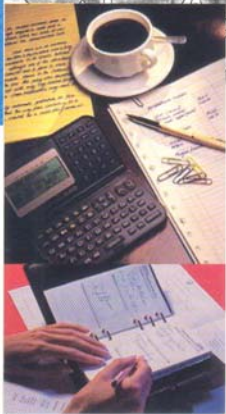


Home-offices are set to be a trend in the 21st century as information technology advances and allows people to be connected to the outside world without leaving the confines of their homes. All you need is a telephone, fax, modem and computer. And with each household connected to Singapore ONE, a multi-media broadband network, working from home will be a cinch.



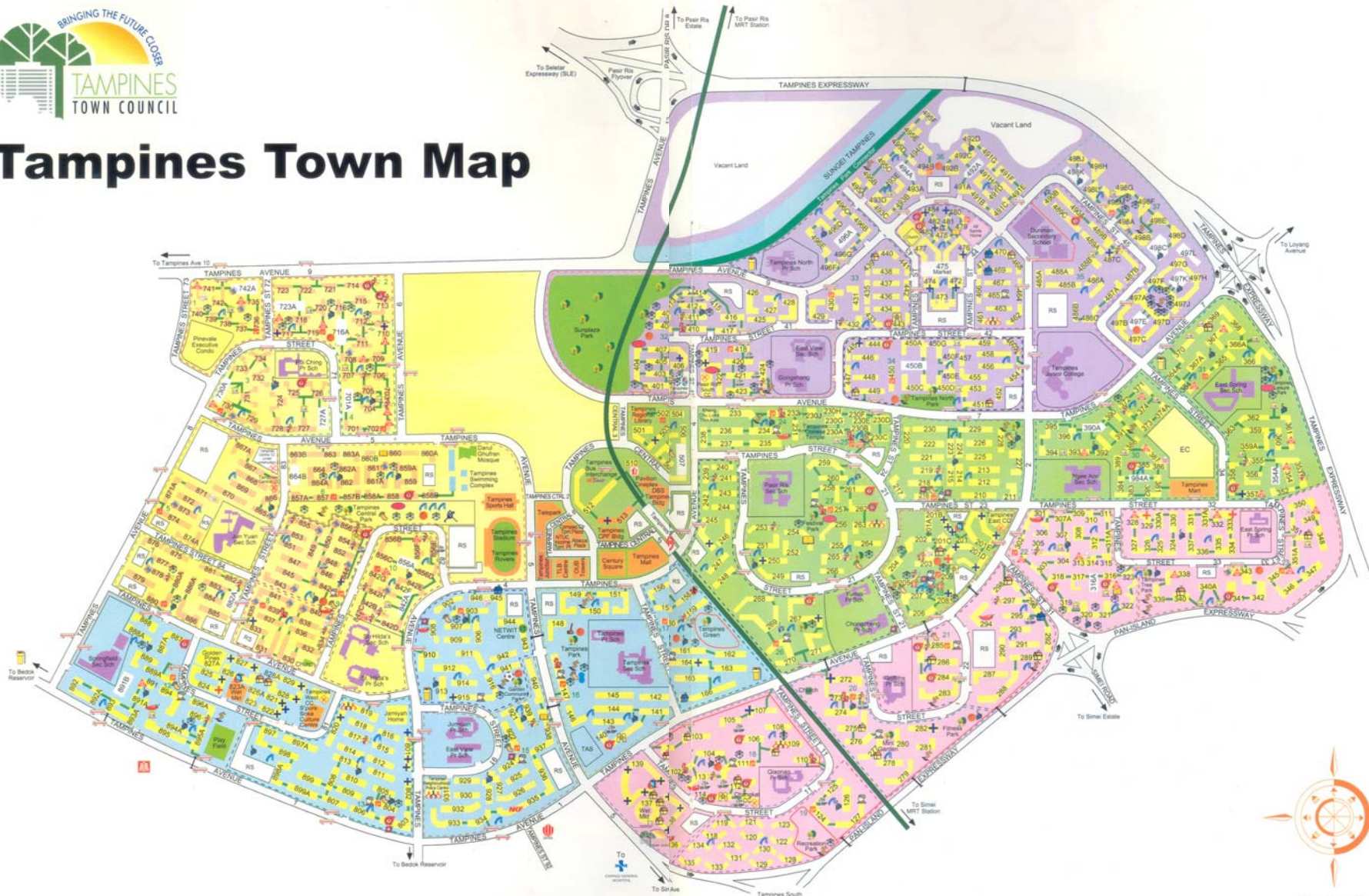
## IT-PROMOTION:

- 1) Infocomm Devt. Authority of Singapore (IDA) formed
- 2) IT education for all
- 3) Program to enable Public housing to have IT Home Offices in their own flats.





# Tampines Town Map

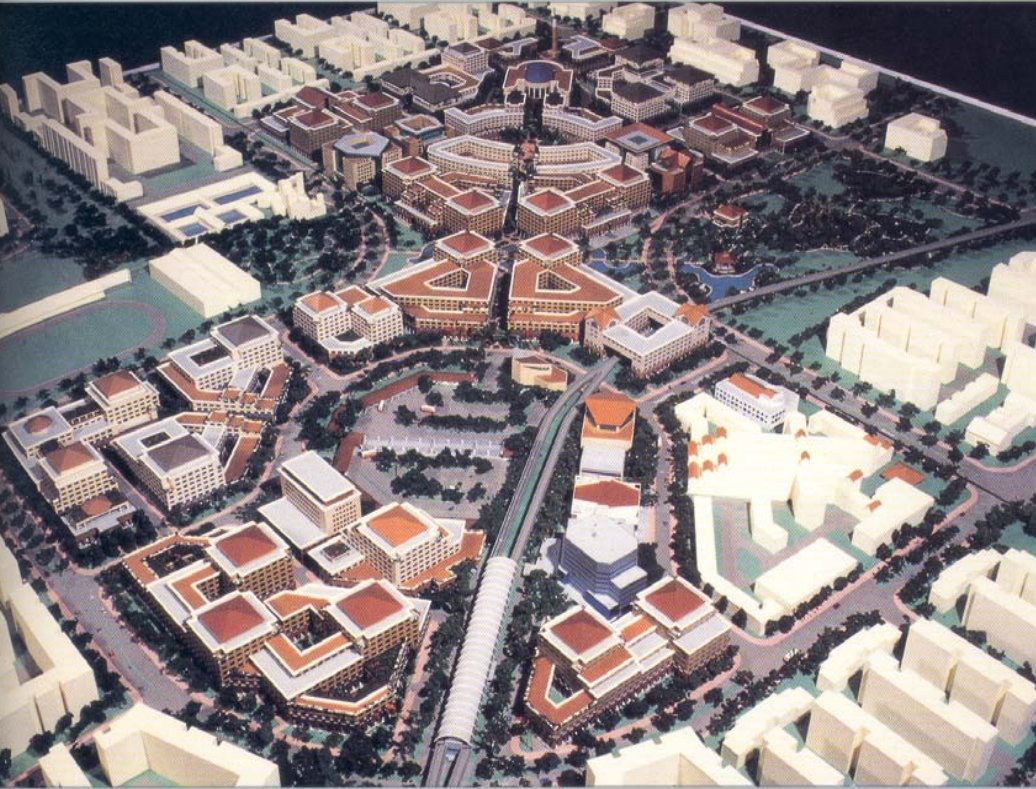


Updated in February 2002  
 Not to Scale

## Legend

Child Care Centre	Social Day Care Centre for the Elderly	Bus Stop	Polytechnic	Neighbourhood Centre	Fitness Corner	Park	Children's Community Library	RS (Residential Site)	3-in-1 Family	Monument	Nursing Home	Social/Family Service Centre	RC Zone	Jogging Track	Basketball Court	Pet Park	
Before & After School Care	NKF NKF NTUC Dialysis Centre	NPP/PPC	SAFRA Club	Library	Playground	Pavilion	PAP Community Foundation	24 Hours	Kiosk	Drop-off Point	HSB Branch Office	Community Centre Club	Resident's Lounge	Senior Citizen's Lounge	Gate Ball Court	Community Parking Garden	MRT Station
CDC Student Service Corner	Meet-the-People Session	Town Centre	Tampines Polytechnic	Hardcourt Courtyard	Link Building	Public Path	Civil Defence Shelter	Pond	Street Soccer Court	RC Centre	Museum Tower	Study Corner	Amphitheatre	Overhead Bridge	Soccer Garden	MRT Station	





A model of Tampines regional centre.

## Tampines Regional Centre:

- 1) Land is planned to provide for future needs: institutional, cultural, recreational, residential and commercial facilities.
- 2) Major transportation Centre for MRT, buses, taxis, etc
- 3) Is the first and most developed regional economic business hub with a wide range of institutional, cultural, recreational and commercial facilities.



Left: Shoppers through the atrium area of Century Square in Tampines.



Art & Culture

艺术与文化



கலைநாடும் கலாச்சாரமும்



Epigamade: Theatres On The Bay.

Seni dan Budaya







**Tampines Regional Centre:**  
Integration of Residential,  
Commercial, transportation and  
Institutional facilities

*Tampines*  
Centre







## First Housing Precinct in Tampines:

- 1) New idea of giving housing precinct an identity of its own
- 2) It has a central focus where the residents can gather for recreation
- 3) The building blocks are individualistic and not a standard straight block.





## **Housing Precinct at Tampines Neighbourhood 2 Contracts 1 & 2:**

- 1) 5 shops are specially designed to serve the residents
- 2) A Children's playground is centralised as a focal point and can be seen from all sides
- 3) A multi-purpose court is built for many ball games
- 4) Tall trees are selected to provide shade and identity





**Use of Ground floor:**  
Although designed as an apron, resident made full use of the ground floor in front of their unit for outdoor Living.

Cyclist also breeze through the area as it was concreted and in shade while Going to market and other places.





## TAMPINES RESIDENTS KEEP FIT AT 3G FITNESS CORNERS

3G Fitness Corner, a place where grandparents, parents and children (three generations) can have fun and exercise together.

The idea of 3G Fitness Corner was mooted by the MP for Tampines GRC Mr Mah Bow Tan after an official trip to Shanghai in 2002. At that time he visited a public fitness park cum garden where there were various sets of user-friendly gym equipment designed to cater for the elderly, adults and children. But the equipment did not come cheap. After the trip, Mr Mah with the support of the grassroots leaders, worked to get corporate sponsorships and opened the very first one at Tampines East where residents get to enjoy 13 different gym sets.

From 2003 to 2005, more 3G fitness corners have been built in Tampines. They are located at:  
Tampines East Division - Blks 207, 227, 238, 355 and 373  
Tampines North Division - Blks 407, 489A and 492B  
Tampines Changkat Division - Blks 127, 288 and 289

Mr Mah hopes that eventually more 3G Fitness Corners can be built in Tampines GRC and other parts of Singapore. The cost of building such a facility is about \$120,000, which Mr Mah hopes that it can be lowered down to \$60,000. Nevertheless, the payoff is invaluable as with these fitness corners, more families can strengthen their bonding and stay healthy.

## KEEPING THE THREE GENERATION HEALTHY:

Housing and Development Board is the fore-runner in providing facilities for their residents. They provide children's playgrounds for different age groups and fitness stations for the teenagers and young adults especially for the National Service men to be fit and wellness stations for the elderlys.

As written in the article in Tampines News (issue Nov/ Dec. 2005.), Tampines GRC Member of Parliament & Minister of National Development, Mr. Mah Bow Tan mooted the idea of 3-Generations Fitness Corner after visiting Shanghai in 2002. These equipment enables the 3-Generations to be healthy and strengthen their families ties.





## Here's What Residents Say:



"I prefer the fresh air. Usually I work out on the machines to do my warm-up exercises. My daughter is running round the jogging track nearby too." - Mdm Radha from Blk 132 Tampines St 11.



"I come down with my son almost everyday to exercise. He has fun with all the machines." - Mrs Teh (centre) from Blk 410 Tampines St 41 with her 5-year-old son Yong Kang and friend Ms Teresa Ong.

"I exercise 3 to 4 times every week. These machines are very user-friendly and suitable for both the young and old." - Mr Tan Mah Seng from Blk 257 Tampines St 21.

"I exercise with my neighbour, my mum and my brother. It helps to strengthen family bonds." - Ms Cheok Yee See from Blk 119 Tampines St 11.

## What the residents say:

Mr. Tan Mah Seng said :“I exercise 3 to 4 times every week. These machines are very user-friendly and suitable for both young and old.

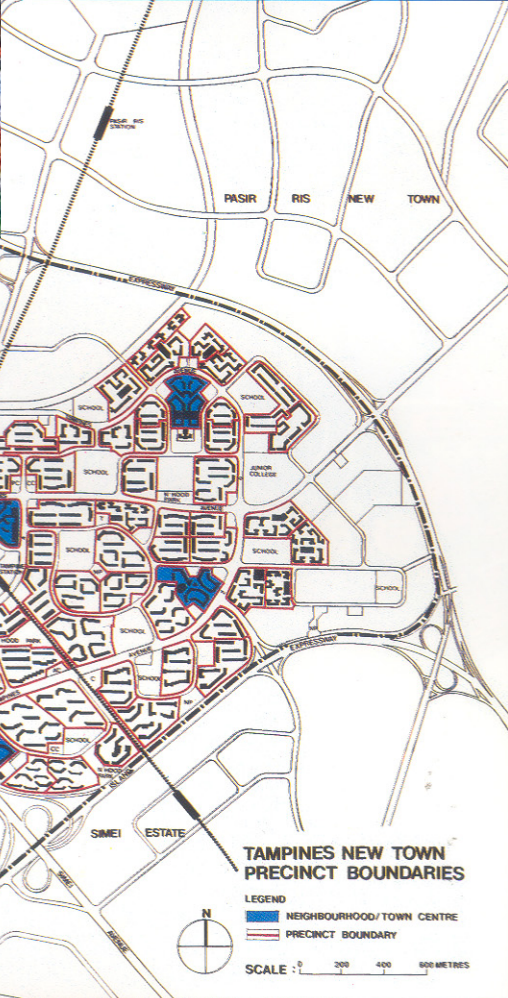
Ms. Cheok Yee See said: :“I exercise with my neighbours, my mum and my brother. It helps to strengthen family bonds.”

Mdm Radha said :“I prefer the fresh air.I work out on the machine to my warm up exercises. My daughter is running Round the jogging track nearby too.

Mrs. Teh said: :“ I come down with my son almost everyday to exercise. He has fun with all the machines.”







## Neighbourhood Centre:

- 1) It serves 300 metres walking radius
- 2) Present neighbourhood centre has been upgraded
- 3) Centre is linked to housing by HDB's Green connectors.



## In The Neighbourhood

Because it groups people in the vicinity together, the neighbourhood is an important planning, and also social concept. And it is only natural that the New Town Structural Model should be based on the Neighbourhood Principle.





# ACTIVE COMMUNITY

Member of Parliament is the Advisor to all Committees.

There are daily activities (from young to old) in Community Club to keep everyone happy.



*Painted by Zoy (Joy) Chuan*

## Tampines West Community Club



aroundtown

### ACTIVE PEOPLE, VIBRANT COMMUNITY (CONT'D)

"We love you, Singapore!" - The MPs penned their love for the nation and community and displayed them on the Community Net of Love.

SESSION  
20 November 2005  
Mr Tharman Shanmugaratnam  
Minister for Education

Feedback for the Education Minister - Mr Tharman Shanmugaratnam answering questions from residents.

Being part of the game - Mr Tharman Shanmugaratnam also took part in a 3-on-3 basketball match.

Bound by Love - Residents penned their love messages for their spouses, family, community and nation.

### Launch of Tampines North Community Emergency Response Team

Let's all work together to handle emergencies - Education Minister Mr Tharman Shanmugaratnam launching the Tampines North Community Emergency Response Teams with the MPs for Tampines GRC.



# THE OPENING OF TAMPINES CENTRAL COMMUNITY CLUB



*“This is one of the special things we have in Singapore, we live together, we work together and we build a community together. And we talk about an inclusive society, a special Singapore, a vibrant city, this is what we're looking for.”*

- PM Lee Hsien Loong

"We will have a home which we can all be really proud of, which will belong to all of us." - PM Lee in his opening address to Tampines residents.

Thousands of Tampines Central residents visited the new 1,960 square metres Tampines Central Community Complex on 1 October 2005 to witness the official launch of their very own Community Club (CC) by the Prime Minister of Singapore, Mr Lee Hsien Loong with their MP Mr Sin Boon Ann.

From its humble beginnings operating out of a void deck, the CC has finally found its new home at the Tampines Central Community Complex located at Blk 866A Tampines Street 83. Built at a cost of \$5 million, the CC is the first few in Singapore to have a four-storey building that houses a wide range of community facilities which includes a supermarket, a foodcourt, education centres, clinics and a childcare centre.

The evening also saw the opening of one of the CC's new facilities, the Skate Sports Café cum Centre of Excellence (COE) for inline hockey in Singapore. The COE offers both basic and professional inline skating courses and training certification. By actively promoting inline skating as a sport, the CC hopes to make Tampines Central a new inline skating hub in Singapore.

The CC is ready to organise even more activities and courses to cater for the needs of its residents. As Prime Minister Lee said, this is certainly "a home which we can all be really proud of, which will belong to all of us."



The new CC has many facilities and activities for all of us; let us make full use of them." - Mr Sin Boon Ann, MP for Tampines GRC and Adviser to Tampines Central GRCs addressing the residents at the official opening of the CC.



Prime Minister Lee Hsien Loong said:  
*“This is one of the special things we have in Singapore, we live together, we work together and we build a community together.”*

**Tampines news**

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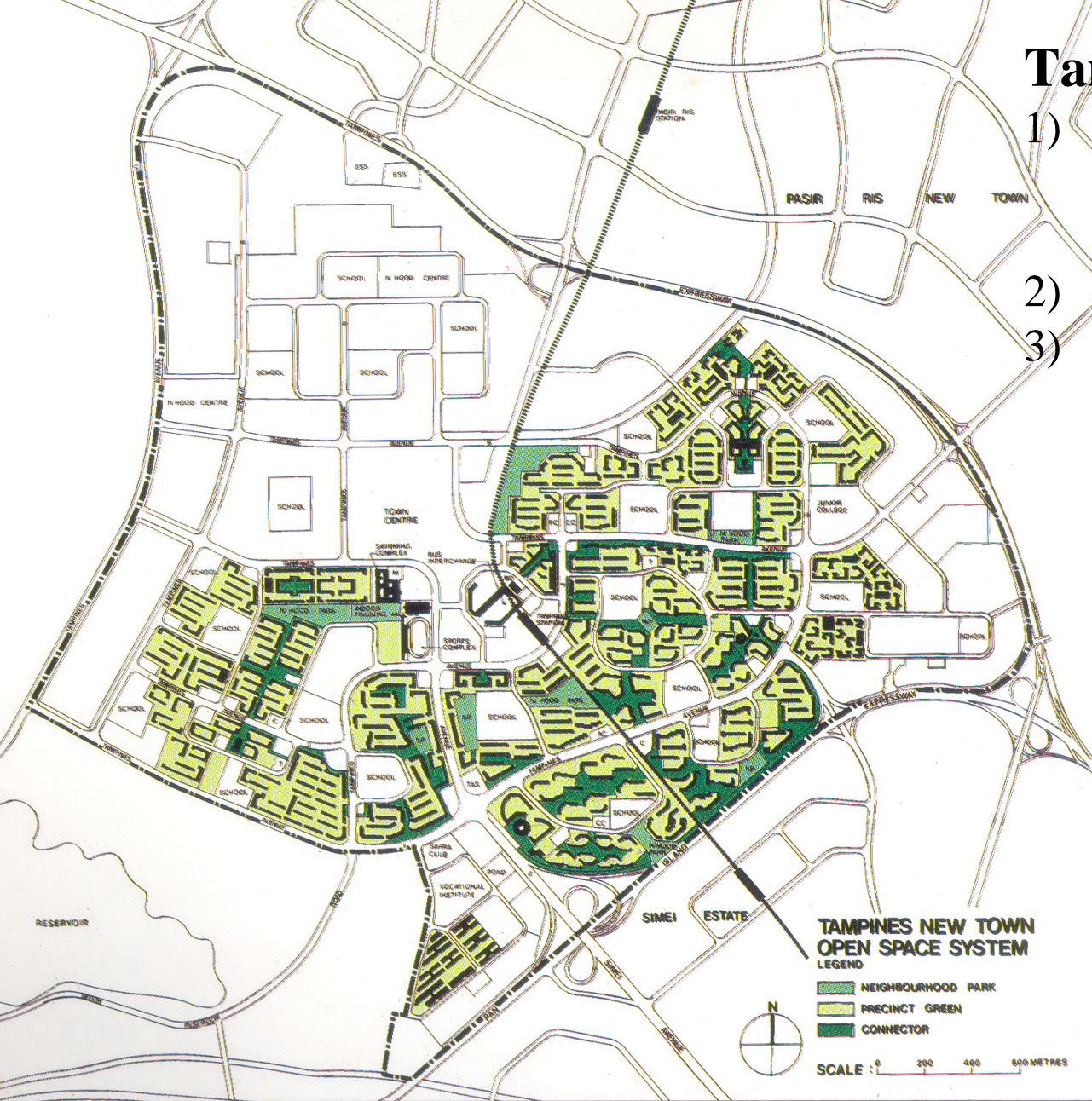
**PM LEE OFFICIATED THE OPENING OF TAMPINES CENTRAL COMMUNITY CLUB**

Turn to Page 12



# Tampines Open Spaces:

- 1) Linked by National Parks Board's Park Connector from Pasir Ris Town
- 2) A hierarchy of Regional, town and neighbourhood parks.
- 3) town and neighbourhood parks.







## **Tampines Neighbourhood 8:**

- 1) This neighbourhood is well integrated by a continuous Green Connector designed to link the Town and Neighbourhood Centres, Parks, schools to their flats.



# Additional facilities

requested by the residents in the park since it was built in the 1980s. These facilities are added with the support of the Members of Parliament.







## **Upgrading of housing Precincts and neighbourhood parks:**

- 1) Since 1989, additional facilities such as linkways, shelters, changing of water pipes, children's playgrounds, fitness stations and Elderly Wellness Stations are constructed when the housing precincts are around 15 years old.
- 2) Lifts are constructed at every storey to cater for the handicapped and elderly.
- 3) Elderly homes are equipped with handrails, alarms and handicapped equipment.





# Tampines Stadium



## **Tampines Stadium:**

- 1) For town of 60,000 flats, there will be an open football field and stadium.
- 2) Soccer is popular in Singapore and promoted by the Government vigorously.





## **Tampines Tree Garden: Neighbourhood Park**

- 1) A Neighbourhood Park which gives identity to the new town
- 2) It served around 300 metres radius with facilities for all age groups
- 3) 26 trees planted in the park and as part of education for the residents' knowledge of the town they live in
- 4) Park gives a visual link to the neighbouring Simei Estate





*Painted by Zoy Juse Clusan*



# Tampines Central Park



## Tampines Central Park:

- 1) Addition of facilities: Entrance Gate linked with the HDB green connector
- 2) Park name given by MP & Grassroots Leaders





Painted by Chew Pisk San



# Community Park



## Community Park:

1) The Government provides Funding to upgrade the Parks through CIPC (Community Improvement Projects Committee)





Neighbourhood 4 Park with its own identity and adventure play equipment



## CELEBRATING TOGETHER WITH COMMUNITY BONDING

**COMMUNITY GARDEN**  
was officially opened on 17 August 2005  
by  
**Mr Ong Kian Min**  
MP for Tampines GRC  
Tampines North Constituency  
Address: 10  
Tampines North Community Club



For a greener Tampines - MP for Tampines GRC Mr Ong Kian Min launching a community garden at Tampines North Zone 7.



Dancing Kings and Queens - Residents of Tampines West dancing and having fun during Konsert Aslirama, an event organised by Tampines West ABEC.



"Thanks for a wonderful Malay drama play." - MP for Tampines GRC Mr Yatiman Yusof going onstage to thank the performers of Villa Singa, an event organised by Tampines West CC MAEC.



Bonding together during the Lantern Festival - Residents of Tampines East Zone 8 gather together in a lantern procession at Leisure Park.



It is full moon tonight - Tampines East residents of all ages celebrating the Lantern Festival together.

**schoolwatch**



Hurray for the hard work - The winning team.

## EAST SPRING PRIMARY SCHOOL WINS AWARD AT RECYCLING DAY 2005

East Spring Primary School was shortlisted as one of the five finalists in the Primary School Category in the nationwide Recycling Game Booth Design Competition organised by the National Environment Agency. On 17 September 2005, East Spring Primary School proudly displayed its fun-filled combination of an interactive board game and card game on the Recycling Day 2005 at Dunman Secondary School. The booth captured the public's

interest and the judges took special note of it. The school emerged as the winner of the Gold Award in the Primary School Category.



Don't throw away our future - East Spring Primary School's booth at the Recycling Day 2005.

This Award was a great honour and bonus for the entire team of students and teachers who had worked hard. However, of utmost importance were the invaluable opportunities presented by this environmental project to make learning enjoyable, fun and meaningful for the pupils.

**LOVE:**  
Members of Parliament showed the residents their concern, love and care.

**Tampines NEWS**  
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Circulation 60,000  
Jan/Feb 2006

Community Net of Love

Launch of  
Tampines North Logo &  
Tampines North Community Net of Love  
Tampines North Community Club

**ACTIVE PEOPLE, VIBRANT COMMUNITY** Turn to Page 2  
**\$332M TO IMPROVE TAMPINES TOWN** Turn to Page 13



# \$332M TO IMPROVE TAMPINES

“Tampines is representative of a middle-aged housing estate in Singapore. Over the next 5 years we want to continue to build on the facilities so that Tampines GRC will continue to be a vibrant, thriving town,” said Mr Mah Bow Tan, MP for Tampines GRC at the Tampines My Home!



Residents can look forward to more and better town facilities and upgrading projects under the 5-year (2006 – 2010) Work Plan.

At the Tampines My Home! Conference on 27 November 2005, Mr Ong Kian Min, Chairman of Tampines Town Council revealed that \$332 million will be spent on upgrading the Tampines Town. This is an increase of 46% as compared to the \$227 million spent in the past 5 years on recreational amenities, infrastructural facilities, cyclical works, lift upgrading (LUPs) and interim upgrading (IUPs).

Some of the facilities that residents especially the senior citizens, can look forward to include:

### Recreational Activities

**3G Fitness Corner** - The goal is to have one 3G Fitness Corner for every RC so that more residents, young and old, can exercise and interact together.

**Pebbled Footpath** - All RCs will have their own pebbled footpaths.

**Community Garden** - All RCs will have their own Community Gardens. Of the 35 planned, 22 have been completed.

**Gateball Court** - A popular sport among senior residents, the Town Council will provide one for any RC that requests for it.

**Tampines Central Park** - New features to be added include 3G Fitness Corner and rock garden.

### Community Open Space

Located next to Tampines MRT station, \$500,000 has been set aside to build this open space, which will be a focal point for organised activities for all Tampines residents.

In the pipeline is also the Neighbourhood 4 Centre Community Open Space.

### Infrastructural Facilities

**Covered Linkways** - Virtually all the blocks in Tampines will be connected by covered linkways. To date, 131 linkways have been completed with another 62 to be built.

**Ramps with Handrails** - Ramps with handrails to replace steps will be built where feasible to provide ease of movement for the elderly residents.

**Senior Citizens' Corner** - 35 senior citizens' corners will be upgraded to provide better facilities.

**Cycling Tracks** - More cycling tracks will be added to connect schools, markets, MRT and Park Connectors.

**Park Connectors** - These would be built to provide convenient linkages from park to park.

**Interim Upgrading Programme (IUP)** - Another 8 precincts selected for IUP, with more to come

**Lift Upgrading Programme (LUP)** - For the next 5 years, 200 blocks will be selected for LUP.



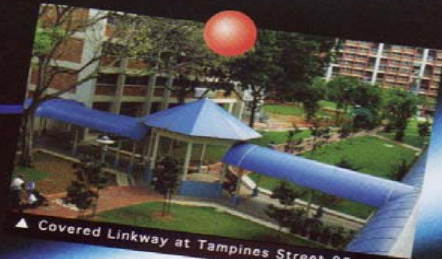
## RESIDENTS CONSULTATION:

The residents are consulted for their Main Upgrading which will be additional areas, covered linkway and landscape.

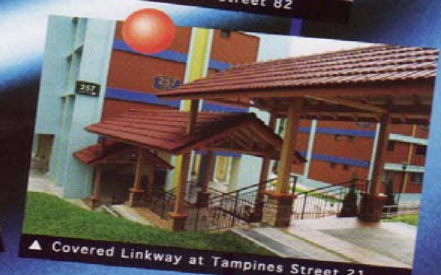
# GOOD PROGRESS AND MAKING TAMPINES OUR

### A Better Linked Town

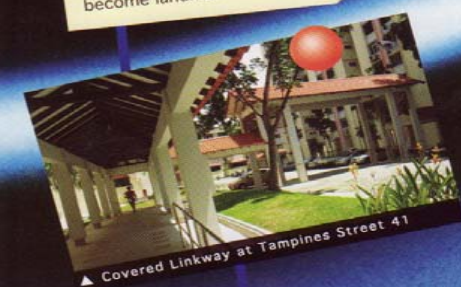
Tampines is one of the “most linked” towns in Singapore as residents get to enjoy covered linkways on their way to the next block, bus-stop, school or even the Town Centre. Besides providing protection from the sun and rain, they also added beauty and colour to our estates. In fact, some covered linkways were designed so creatively that they have become landmarks.



▲ Covered Linkway at Tampines Street 82



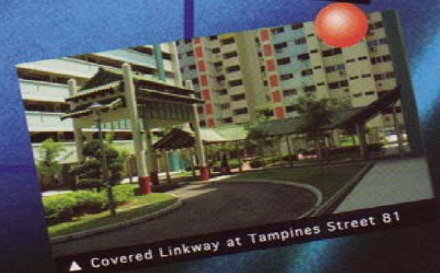
▲ Covered Linkway at Tampines Street 21



▲ Covered Linkway at Tampines Street 41



▲ Covered Linkway at Tampines Street 11



▲ Covered Linkway at Tampines Street 81



# THE "SILENT KILLER" - HIGH BLOOD PRESSURE



A simple blood pressure test can save lives!

Why is it known as the "silent killer"? It does not always produce symptoms but is one of the most common ailments that damages many organs. High blood pressure (HBP) or hypertension is one of the leading causes of kidney failure in Singapore. Uncontrolled high blood pressure leads to serious complications like heart attack, stroke, blindness and chronic kidney failure. Some of us run a greater risk of developing high blood pressure. Those who are older, overweight, have a family history of HPB or who are members of certain ethnic groups. For example, Malays have a higher risk of developing HBP.

Hence, it is best to check your blood pressure regularly. Medical experts recommend at least once every year if you are overweight, have a family history of HBP, or if you are above 40 years of age.

**How can I control HBP if you have HBP, a doctor may recommend the following:**

- Lose excess weight
- Exercise regularly
- Cut down your salt intake
- Limit your alcohol intake
- Eat less saturated fats
- Stop smoking
- Initiate prescribed medication

For more information, please visit our website [www.nkfs.org/prevention](http://www.nkfs.org/prevention), email to [prevention@nkfs.org](mailto:prevention@nkfs.org) or call 6299 0200.

## UPCOMING EVENTS

Organisation	Event	Date	Time	Location	Contact Person
Tampines East Zone 4 RC	"Love Thy Neighbour" Buffet cum Karaoke Nite	14 Feb	7.30 pm - 10.30 pm	Festival Park	Ma Min Min Tel: 6787 3955
Tampines Palmspring RC	Muar Temple Tour	15 Feb	6.15am onwards	RC Centre at Blk 922 Tampines St 91	Mr Quek Tel: 9145 9940
Tampines North Zone 7 RC	Healthy Baby Show cum Family Day	15 Feb	8.00 am - 2.00 pm	Link Building	Mr Edwin Tay/ Ms Angella Ng Tel: 6756 3280/ 6785 7166
Tampines North Zone 7 RC	SATA - Community Health Screening	29 Feb	8.00 am - 1.00 pm	Link Building	Mr Khoong Tuck Wai Tel: 9145 9961
Tampines West CDEC	Blood Donation Drive	7 Mar	9.00 am - 5.00 pm	Tampines West CC	Mr Hassan Tel: 6788 1912
Tampines West CCMC	Chinese Cultural Festival	13 Mar	10.00 am - 2.00 pm	Tampines West CC	Ms Yang Tel: 6788 1912
Tampines Palmspring RC	Seremban & Malacca Tour (2D1N)	13 - 14 Mar	6.30am onwards	RC Centre at Blk 922 Tampines St 91	Mr Quek Tel: 9145 9940
Tampines Changkat CDEC	Launch of CSSP Readiness cum Blood Donation Drive	14 Mar	9am - 4pm	Tampines Changkat CC Hall & Auditorium	Ms Siti Malihara Tel: 6783 2985

## Singapore's OK! Scoreboard



Here are the nominations and awards for the period from October to November 2003. Congratulations to residents of Blks 230C and 230F, keep up your good efforts!

Block	Street name	No. of nominations received as at 1 Dec 2003	Date Awarded
208	Tampines Street 21	2	-
310	Tampines Street 32	1	-
859	Tampines Street 81	1	-
230C	Tampines Street 24	13	6 Dec 2003
230F	Tampines Street 24	11	6 Dec 2003
497G	Tampines Street 45	1	-
323	Tampines Street 33	1	-

## Health Talks:

The Town Councils organises with the Community clubs, health, recreational, social and educational events to bind the residents. More large communal Spaces are required for such activities which are held in open spaces.

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Jan/Feb 2005

**Tampines NEWS**

**OUR TOWN SPARKLES MEGA LIFE-SIZE BOARD GAME IS HERE**

Turn to Page 2

**WE THANK YOU FOR YOUR SUPPORT**

Turn to Page 4

Tampines Town Council Wishes Residents:  
**A HAPPY & PROSPEROUS LUNAR NEW YEAR!**



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# WHERE A 3RD PARTY CAN HELP - COMMUNITY MEDIATION CENTRE IN TAMPINES

For someone who once had a misunderstanding with her neighbours on a noise-related incident, Miss Tan (not her real name) of Tampines Street 72 welcomed the idea of a Community Mediation Centre (CMC) Satellite Mediation Venue in Tampines. "My neighbour who lives on the floor below kept thinking that we had created some noise at night but we didn't do it. He didn't believe us even when we explained that we didn't do it. Now with the mediation venue around, it will be a useful and convenient facility to resolve disputes like this, especially when if the two parties cannot see eye-to-eye."

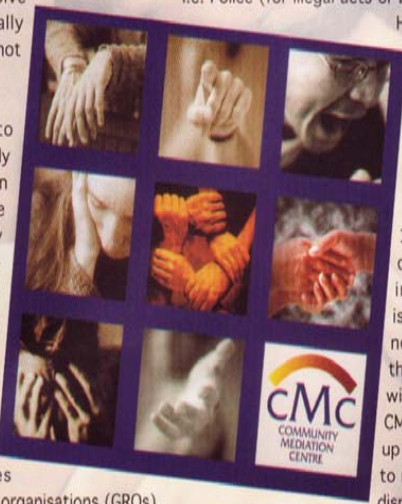
Mediation is a good way to settle disagreements amicably and a CMC Satellite Mediation Venue is being set up at the Tampines East Community Club for mediation of interpersonal, social and community disputes among people. The idea of setting up a CMC in Tampines was mooted by Mr Mah Bow Tan, MP for Tampines GRC, as there had been an increase in the number of disputes raised to various grassroots organisations (GROs).

CMC is an agency operated by the Ministry of Law. At the CMC, mediation sessions will be conducted by well-trained mediators who can provide fairness to all parties concerned. Furthermore, the mediators are volunteers who usually have grassroots background and some are even in the legal profession.

The CMC Satellite Mediation Venue at Tampines East CC operates by appointment only. Residents can register their disputes at the CC. Here is how the facility works:

- 1) A resident raises a dispute to GRO, e.g. his RC or MP.
- 2) The nature of the dispute is then identified and the case will be referred to the relevant authority, i.e. Police (for illegal acts or behaviour), HDB (for HDB tenancy matters) or Town Council (for use of common areas) to be further investigated and resolved.
- 3) It is only if the dispute essentially involves relational issues and could still not be resolved that the relevant authority will refer the case to CMC. CMC will then set up a mediation session to resolve the issues in dispute.

The settlement rate of CMC is about 75%, based on centres already set up at Woodlands Civic Centre, The URA Centre, East Wing and Marine Parade District Hall. The disputes range from spats between neighbours, family conflicts, rental arguments between landlords and tenants, and even quarrels among friends. For enquires, you may call the CMC Hotline at 6325 1600.



# COLLABORATION:

The Grassroot leaders, MPs and Ministries worked hand-in-hand to provide the residents with services such mediation and jobs.

# JOBS @ YOUR DOORSTEP

The MPs for Tampines GRC and grassroots leaders have launched "Jobs @ Your Doorstep" to facilitate job-matching services for residents. The programme aims to complement the job outreach efforts of the Singapore Workforce Development Agency (WDA) and North East Community Development Council (CDC).



Taking the first step - Job-seekers enquiring about the 60 positions offered by Gimmill Industrial (Pte) Ltd at the job fair.

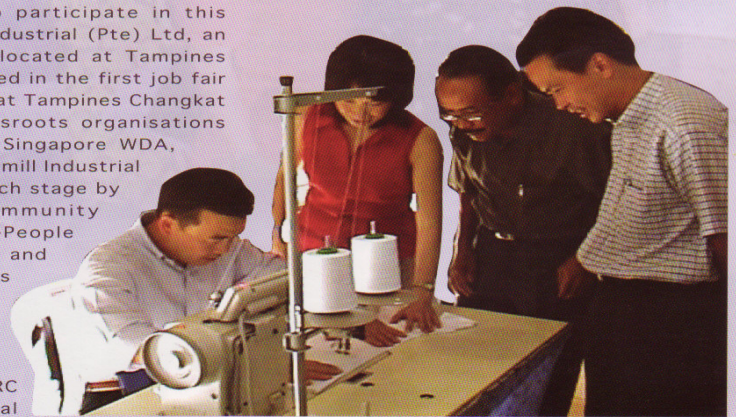
role in changing the mindset of the job seekers and dispel the "sweat shop" misconception traditionally linked to the textile and apparel industry. For example, representatives of Tampines GRC GROs were given a tour of the Gimmill factory. They found that the factory is air-conditioned, and some of the higher-skilled employees use computers to draw paper patterns for apparel design.

As most of the job seekers may be jobless for quite some time or are stepping into the workforce for the first time, Tampines GRC grassroots leaders will also help to allay any concerns that they have prior to going for the interviews with training. Tampines GRC will continue to sustain this job matching effort by approaching more companies. We welcome companies from other sectors to contact us for help to fill up job vacancies.

As Tampines GRC has a fairly sizeable catchment of industrial parks around its vicinity, the focus of "Jobs @ Your Doorstep" would be to work closely with those companies that have factories located within Tampines GRC and are easily accessible to the residents.

The first company to participate in this programme is Gimmill Industrial (Pte) Ltd, an apparel manufacturer located at Tampines Street 92. It participated in the first job fair on 27 November 2004 at Tampines Changkat CC. The MPs and grassroots organisations (GROs) will work with Singapore WDA, North East CDC and Gimmill Industrial (Pte) Ltd at the outreach stage by tapping onto the community network via Meet-the-People sessions, RC networks and GROs activities (such as family day outings and community festive gatherings).

In addition, Tampines GRC GROs will play a crucial



Let's get sewing - Mr Sin Boon Ann tries out the work of an apparel specialist.



# PAVING THE WAY FOR A BRIGHTER FUTURE

Thousands of students from Tampines Central Constituency turned up with their family members and friends for the Tampines Central Edusave Scholarship, Edusave Merit Bursary and CDC-CCC Polytechnic/University Bursary Awards presentation at 3pm on 4 January 2004.

The Edusave Scholarships were presented to outstanding Primary 5 and 6 Singaporean students who were among the top 10% of each level and stream in their schools. The Edusave Merit Bursaries were awarded by the Citizens' Consultative Committee to the top 25% of Singaporean students from families earning less than \$3,000 a month. The CDC/CCC-Polytechnic/University Bursary Awards were given to tertiary students from lower-income families to encourage them to excel in their studies.



"Thank you, Mr Sin." - Mr Sin Boon Ann presenting the award to a recipient.

MP for Tampines GRC and Adviser to Tampines Central GROs. Mr Sin was delighted to present these annual awards, which once again affirmed our commitment to encourage students to do their best in their studies. We hope that the awards will pave the way for them to strive harder for a brighter future.

Held at Junyuan Secondary School, this event saw over a thousand students receiving their awards from Guest-of-Honour Mr Sin Boon Ann,

A sea of excitement - Students cannot hide their eagerness for the event to commence.



## EDUCATION:

The Government spend a huge amount of finances to build Sufficient primary, secondary and tertiary schools. Scholarship and bursaries are given to needy children every year.

## GOOD PROGRESS AND MAKING TAMPINES OUR

### Better Education Facilities

If you have been wondering why the schools in Tampines keep looking better and better, it is because nine out of twelve primary schools and four out of nine secondary schools in Tampines have been upgraded with PRIME, which stands for the Programme for Rebuilding and Improving Existing Schools. PRIME supports the Ministry of Education's "Thinking Schools, Learning Nation" vision by enhancing the school facilities which include:

### Better IT Facilities

- Additional Computer Laboratories
- New IT Resource Rooms
- IT Networking for the entire school
- Larger Classrooms
- Larger Media Resource Library
- Larger Technology Room (for secondary schools)

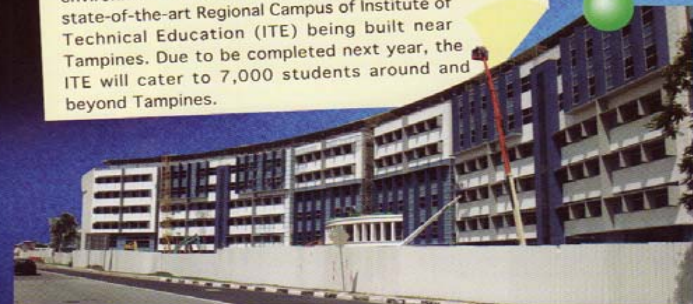
### Other Facilities

- New Health & Fitness Room
- New Pastoral Care Room
- Larger Staff Room

Students will benefit from the more conducive learning environments created. Furthermore, there is also a new state-of-the-art Regional Campus of Institute of Technical Education (ITE) being built near Tampines. Due to be completed next year, the ITE will cater to 7,000 students around and beyond Tampines.



▲ Shops under the Tampines Viaduct - With so many shops to go shopping downtown!



The new ITE Regional Campus - Located at Upper Changi Road near the Singapore EXPO, the new ITE will cater for students around and beyond Tampines.



*Singapore  
with Love  
& Laughter*

Mary Nogan



*By the water. By the excitement. By the future.*



WATER  
PLACE

**Uniquely Singapore: As a nation, we need not only public participation but foreign talents.**

- 1) Part of the economy of Singapore depends on tourism.
- 2) Singapore Tourism Board has creatively devised interesting and unique programmes and support the Arts, Recreation (golf, dance, etc), NGOs, and International Fairs (food, garden, travel, IT), Congress
- 3) We need foreign talent and investment to sustain our economy.



# LIVING THE NEXT LAP

## TOWARDS A TROPICAL CITY OF EXCELLENCE



# 2009

# 2011

Make  
**Singapore**  
A Better Place To Live In





**Fact is, one size doesn't fit all.**



**Planning of Towns and Communities requires a continuous collaboration with the residents, Ministries and the MPs to enable change in improving services and goods in their town.**

**SUCCESS IS POSSIBLE**  
Through Good Governance,  
Efficiency and Teamwork.  
All things are Possible.

**THINK POSITIVE,  
INNOVATE & CULTIVATE.**



## CREDITS

With much appreciation and gratitude,  
the Editorial Committee wish to thank the following for the assistance rendered in order to make this possible:

The Management, Administration Unit and the Presentation Team of the Architectural Department.  
HDB Officers who have designed and completed the projects.  
Staff from the Architectural Department who have contributed in one way or another to the success of this publication

Special thanks to the Corporate Development Division, HDB.



## AWARDS

Due to the effort of the Landscape Studio staff, a number of horticulture and landscape awards were presented to HDB.

The awards are :

1. Banksian Medal, presented by The Royal Horticultural Society and awarded by Singapore Gardening Society
2. Silver Medal, Singapore Horticulture Show, presented by Singapore Gardening Society, Orchid Society of South East Asia
3. Silver Medal, Singapore Horticulture Show 1968, presented by Singapore Gardening Society, Orchid Society of South East Asia
4. Singapore Institute of Landscape Architect Professional Award 1998 for Sungei Api-Api Housing, Pasir Ris Town - Winner
5. Singapore Institute of Landscape Architect Professional Award 1998 for Fushan Garden - Merit
6. Garden City Award 2001 (Category: Public Housing) Parkview Garden, Choa Chu Kang Town (Design Plus) - Winner
7. Garden City Award 2001 (Category: Public Housing) Sungei Api-Api Housing, Pasir Ris Town - Merit
8. Garden City Award 2001 (Category: Public Housing) Bukit Panjang Neighbourhood 5 Housing - Merit

## Acknowledgements:

- 1) URA Publications
- 2) HDB Publications
- 3) The Straits Times
- 4) Tampines News,
- 5) NParks Publications
- 6) Other Publications

\*\*\*\*\*

*“A good name is more  
Desirable than great wealth,  
the respect of others is better  
Than silver or gold”:  
Proverb 22:1*

\*\*\*\*\*

**THANK YOU  
FOR YOUR ATTENTION**

\*\*\*\*\*